



# Summer Games Scavenger Hunt Activities for Kids

jump across a room

hop on one foot 20 times

balance on one foot for one minute

jog in place for 5 minutes

bounce a ball

kick a ball

use a jump rope

throw a ball as far as you can

reach your fingers to your toes

walk backwards



walk on hands & feet

do 10 jumping jacks

do 10 frog jumps

do 10 push ups

stretch as high as you can

march in place

turn the radio on and dance

do bicep curls with a can of soup

do 10 sit ups

walk like a crab

